### Denner

# Chiropractic

## & Performance

#### Baseline Concussion

What is baseline concussion testing?

Multimodal baseline testing is a series of physical and cognitive tests that measure healthy brain function before a sports season starts.

Concussion symptoms often resolve before the brain has fully recovered. Having baseline information provides healthcare practitioners with valuable insight into how your brain functions when healthy. After a concussion, this information helps to detect lingering deficits and brain recovery levels to make safer return to sport decisions.

#### How To Get Started

#### **Download the Concussion Tracker App**



Schedule an in-person baseline

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